



Professional Profiles | 2008

Midwest Orthopaedics at Rush – Upper Extremity Center

The Upper Extremity Center of Midwest Orthopaedics at Rush (MOR) is one of the only centers in the nation dedicated to the evaluation and treatment of the hand, wrist, elbow, and shoulder. MOR surgeons specialize in the latest surgical and non-surgical techniques for trauma, tendon and nerve conditions, and arthritis of the upper extremities. The center combines surgery, rehabilitation, physical and occupational therapy, and research to provide the most advanced treatment for its patients.

MOR was among the first centers in the country to perform entirely arthroscopic repairs of wrists, elbows, and shoulders including rotator cuff and instability of the shoulder. Our physicians specialize in minimally invasive techniques for fractures, arthritis, and joint reconstruction. In fact, more hand, wrist, elbow, and shoulder replacements have been performed at Rush than at any other medical center in Illinois. We are also home to one of the largest cartilage transplant programs in the country.

Our upper extremity physicians are world renowned leaders in the research and development of new and alternative treatment methods, as well as cutting-edge surgical techniques. Current research includes the development of:

- New methods to care for fractures
- Bone substitutes which can alleviate the need for casts
- Arthroscopic treatment of shoulder instability and rotator cuff tears
- Arthroscopic elbow release
- Improved techniques to allow for a more rapid recovery following surgery
- Cartilage replacement as alternatives to joint replacement surgery
- New joint replacement devices to maximize function and quality of life

All these innovations and methods by the MOR physicians allow for easier and earlier functional recovery.



Chicago, IL
Oak Park, IL
Westchester, IL
Winfield, IL
877-MD-BONES

www.rushortho.com

From left: John J. Fernandez, MD; Bernard R. Bach, Jr., MD; Anthony A. Romeo, MD; Mark S. Cohen, MD; Gregory P. Nicholson, MD; Charles A. Bush-Joseph, MD; Brian J. Cole, MD, MBA. **Not pictured:** Nikhil Verma, MD.